

## ST. MARY ANTIOCHIAN ORTHODOX CHURCH

A PARISH OF THE ANTIOCHIAN ORTHODOX ARCHDIOCESE  
OF NORTH AMERICA

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ARCHDIOCESE WEB PAGE ∞ [www.antiochian.org](http://www.antiochian.org) ∞

PARISH WEB PAGE ∞ [www.stmaryorthodox.com](http://www.stmaryorthodox.com) ∞

### CLERGY

His Eminence Metropolitan JOSEPH, Archbishop of New York and Metropolitan of all North America

His Grace Bishop THOMAS, Auxiliary Bishop of Charleston, Oakland & the Mid-Atlantic

Very Rev. Fr. George Alberts, Pastor

Very Rev. Fr. Dr. David Hester, Pastor Emeritus

Subdeacon William Obeid + Subdeacon N.D. Namey + Subdeacon John Moses Jr.

Subdeacon/Seminarian David Rayahin + Seminarian Mark Makarios

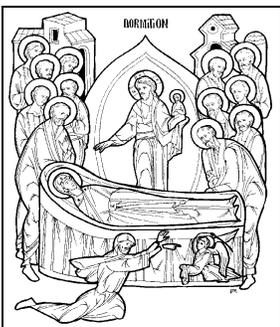
**WELCOME** to the Antiochian Orthodox Christian Archdiocese of North America. We are the jurisdiction of the Orthodox Christian Church whose roots trace directly back to the first century Antioch, the city in which the disciples of Jesus Christ were first called Christians (Acts 11:26).

The Orthodox Church is the oldest and second-largest Christian group in the world. We are called by God, our Creator, to worship and follow Him and to proclaim to the world His message of love, peace and salvation.

God loves all mankind and desires that all human beings should believe in Him, know Him, abide in Him, and receive eternal life from Him. To accomplish this God Himself came into the world as a man in Jesus Christ -- becoming man that we might become like God.

The Parishioners of St. Mary Parish welcome you and are pleased that you have decided to worship Almighty God with our Parish family today. We encourage you to learn about our Orthodox faith and our Parish if you are not yet Orthodox.

Although the non-Orthodox may not receive Holy Communion, which may only be given to the Orthodox faithful, we invite you to come forward at the close of the Liturgy to receive a blessing from the Priest and blessed bread. Please also come downstairs to the Parish Hall join us for our fellowship hour.



Our Patronal Feast is the DORMITION (FALLING-ASLEEP) OF THE THEOTOKOS, which is one of the Twelve Great Feasts of the Orthodox Church and is celebrated each year on August 15. The Theotokos, the Virgin Mary, was "blessed amongst women," and she was chosen "to bear the Savior of our souls." Orthodox Christians consider her to be the Queen of all the saints and angels. Knowing she is eternally present at the throne of God interceding for mankind, we pray for her love, guidance, and protection.



SCHEDULE OF PARISH LIFE AT ST. MARY

Second Sunday of Lent -- Commemorating St. Gregory Palamas --

Today	Festival Meeting after Liturgy
Wednesday, March 18	Presanctified Liturgy at 6:00 pm
Friday, March 20	Akathist Service at 6:00 pm
Saturday, March 21	Confessions from 4:30 to 5:00 pm + Vespers at 5:00 pm

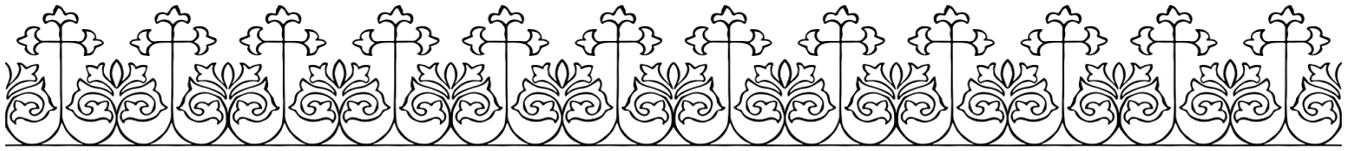
LENTEN SERVICES & UPCOMING EVENTS AT ST. MARY

Wednesday, March 25	Presanctified Liturgy at 6:00 pm
Thursday, March 26	Spaghetti Dinner from 4:00 – 6:00 pm
Friday, March 27	Akathist Service at 6:00 pm

COMMEMORATIONS

- ✘ Today – Holy Bread, Bulletin and Coffee Hour offered/sponsored in loving memory of Sadie Barkovitz for her 2 year memorial by her Family and also Trisagion Prayers are offered for Sadie Barkovitz
- ✘ March 29- Holy Bread and Bulletin Offered/Sponsored by Corrine Censulla in loving memory of Mildred Broody
- ✘ April 26 – Holy Bread & Bulletin offered/sponsored in Loving Memory of Phyllis Namey by Kate and Subdcn Norman

The Second Sunday of Lent .... On the Second Sunday of Lent the Orthodox Church commemorates our Holy Father Gregory Palamas, Archbishop of Thessalonica, the Wonderworker. The feast day of Saint Gregory Palamas is November 14, however, he is commemorated on this Sunday as the condemnation of his enemies and the vindication of his teachings by the Church in the 14th century was acclaimed as a second triumph of Orthodoxy.



DIVINE LITURGY VARIABLES ON SUNDAY, MARCH 15, 2020  
SECOND SUNDAY OF GREAT LENT

COMMEMORATION OF GREGORY PALAMAS, ARCHBISHOP OF THESSALONICA  
MARTYR AGAPIOS OF PALESTINE AND THOSE WITH HIM; APOSTLE ARISTOBOULOS OF THE  
SEVENTY, FIRST BISHOP OF BRITAIN; NEW-MARTYRS MANUEL OF CRETE AND PARTHENIOS  
\*\*DIVINE LITURGY OF ST. BASIL THE GREAT\*\*

RESURRECTIONAL APOLYTIKION IN TONE SIX

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION FOR ST. GREGORY PALAMAS IN TONE EIGHT

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

APOLYTIKION OF THE DORMITION

In giving birth thou didst keep thy virginity and thy repose thou didst not forsake the world O Theotokos, for thou art the mother of life and thou didst pass over into life. And through thine intercessions from death thou dost redeem our souls.

KONTAKION FOR SUNDAYS IN GREAT LENT (& AKATHIST SATURDAY) IN TONE 8

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

**THE EPISTLE**

*O Lord, Thou wilt preserve us and keep us from this generation. Save me, O Lord, for the godly man hath disappeared.*

THE READING FROM THE EPISTLE OF ST. PAUL TO THE HEBREWS. (1:10-2:3)

“In the beginning, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand, until I make Thine enemies a stool for thy feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

## THE GOSPEL

### THE READING FROM THE HOLY GOSPEL ACCORDING TO ST. MARK. (2:1-12)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now, some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of Man has authority on earth to forgive sins" – He said to the paralytic – "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, "We never saw anything like this!"

## THE SYNAXARION

On March 15 in the Holy Orthodox Church, we commemorate the Martyr Agapios of Palestine and those with him; Apostle Aristoboulos of the Seventy, first bishop of Britain; New-martyrs Manuel of Crete and Parthenios. On this same day, the Second Sunday of the Fast, we make remembrance of our father among the saints, Gregory Palamas, archbishop of Thessalonica.

*The Spring of Light now leadeth to light unvaning. The Light's own truly great and resplendent herald.*

This divine father was born in Asia and was brought up from infancy in the royal palace of Constantinople. When he was of age, Gregory left the palace and gave himself to asceticism on Mount Athos. He eventually moved to Thessalonica to seek cure for the diseases he contracted because of his asceticism and piety. In 1349, he was elevated to the episcopacy, tending to his people in an Apostolic fashion for 13 years. He is glorified as an ascetic, a theologian, a hierarch and a miracle-worker, who forsook a prominent, secular lifestyle to take up his cross and follow Christ. The Most-Holy Theotokos, St. John the Theologian, St. Demetrius, St. Anthony the Great, St. John Chrysostom and angels of God appeared to him at different times.

*Through his intercessions, O Lord Jesus Christ our God, have mercy upon us. Amen.*